

Annual Parish Nursing Project Update - 2024



Dear Friends,

It's hard to believe that this update brings the Parish Nursing Project into its 5th year, we could never have got here without your unfailing support and prayers and for that we are very grateful!

During 2023 the project faced its share of joys and challenges, which inevitably had an impact on our work. As a result of my taking time off to support my husband, Rupert, and due to the team taking time out to recover and re-evaluate after the death of a dear friend and client things have been quieter than in previous years, yet we've still achieved a great deal.

Change is a constant in life and we were sad to say our goodbyes to both Marjorie and Maria who left the Parish Nursing team to embark on new projects. It has also been a time of transition for Scott who is taking a break from front-line work to develop his role within the church and the Art House.

We wish our friends "good luck" and our best wishes go with them on their future journeys.

You will be missed!



Following our recruitment day in the Summer, we've also had the joy and excitement of welcoming our new Parish Nurse, Louise Smith, who has quickly become a real asset to the team with her cheerful, friendly manner and broad and impressive skillset. Welcome Louise!



Meet new nurse, Louise Smith

"I have been in nursing for 37 years. At first, I worked as a Registered Nurse in a Coronary Care Unit before doing my midwifery training. I then went to work in a Neonatal Unit and I have been in Neonatal care for 30 years. I absolutely loved it but knew I was being called to a different nursing specialty after reading an article on Parish Nursing a few years ago. At the time I couldn't leave my job, but once I took early retirement St Matthew's advertised and the rest is history! It has been amazing at St Matthew's. I have felt really welcomed and already feel part of the Parish Nursing team. Although I have a lot to learn it is exciting to be on a different journey and on a pathway that I know God wants me to travel."

A Time of Celebration

A huge highlight of the year was our Parish Nursing Sunday celebration held on September the 17th, when we had the privilege to welcome the High Sheriff of South Yorkshire, Professor Jaydip Ray and his wife, both NHS doctors, to celebrate with us.



It was a very proud moment for the Parish Nursing Team to receive the High Sheriff's Award for outstanding work in building up the project and working tirelessly for the vulnerable and Fr Naylor was also honoured with an award for his contribution to the community and county.

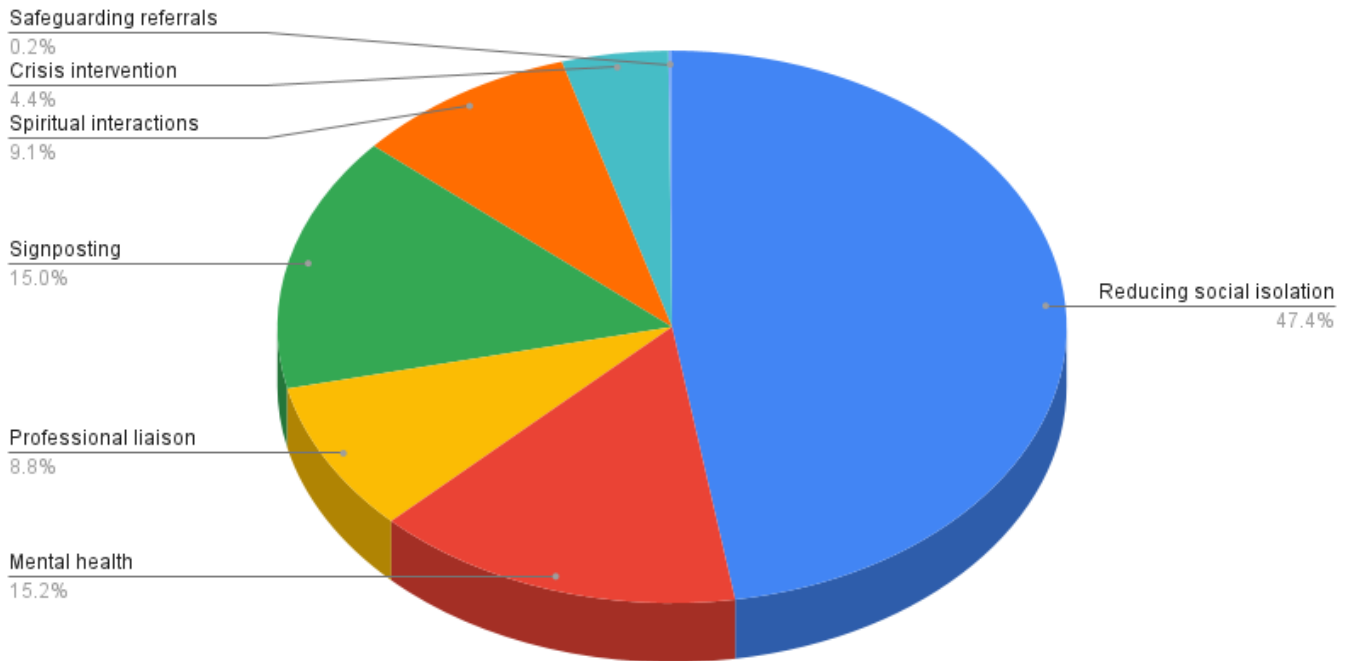


Interventions

Through our outreach work as well as through our presence on the Parish Nursing stall in the Moor Market our service has seen **500** clients this year, all this despite limiting circumstances.

This was made possible with the generous support of **153.75 volunteer nurse hours** plus **774 hours from other volunteers**.

In financial terms this is the monetary equivalent of **£10371.33** donated by our hardworking and dedicated team!



Breakdown of interventions

936	Reducing social isolation
299	Mental health
	We've seen a reduction in the number of mental health interventions but, at the same time we've seen an increase in the severity of these cases and accordingly an increase in the time needed for our clients.
174	Professional liaison
	This continues to be vital to ensure we are getting the best service for our clients with the most up to date information available. We have strong links with numerous charitable and statutory organisations in the city.
295	Signposting to other services
180	Spiritual interactions
	These include, but are not limited to: prayer, rosary, providing resources such as bibles, rosary beads, prayer cards, etc.
86	Crisis intervention
	This covers mental health crises, homelessness, cost of living emergencies, health crises such as needing a taxi to A and E.
3	Safeguarding referrals into adult social care

Finances 2023

Costs

Outreach Supplies for our clients	£792.34
Volunteer Costs for travel, training and resources	£1969.60
Administrator Salary to ease pressure on nurses and enable more client contact.	£651.71
Lead Parish Nurse Salary	£32,691.52

Many Thanks to:

HARC for their generous gift of £1300

Joseph Rank Trust for their commitment to support us for 3 years.

Fellowship of St John the Evangelist for their continued and ongoing support for the next 3 years

The NHS for support in hospital discharge package for our homeless cohort.

Sheffield City Council for their support for outreach and funding for clinical supervision and registration.

Macmillan for the purchase of additional self-check breast and testes models.

Sheffield Diocese and the Sheffield Church Burgesses for their funding for Louise's role.

Wesleyan for their support for salaries and volunteer costs/ development.

Vodafone for provision of sim cards to enable clients to keep in touch.



WESLEYAN



THE FELLOWSHIP OF ST JOHN TRUST ASSOCIATION
Serving God... Serving Others... Transforming Lives...

the Joseph Rank trust



Many thanks also owed to Richard Dawidek and Fr Alun Price for their support in making funding applications.



And, last but not least, huge thanks to all you of you who give so generously from your own pocket, either as regular monthly givers, or in acts of spontaneous generosity...



In 2023 we received a fantastic £3733.87 from you, our regular monthly givers!!!

Your donations have directly contributed to outreach gifts including:

- Sleeping bags
- Taxis to hospital/ home
- Bus passes supported two people to attend the Walsingham Pilgrimage
- A fruit hamper and clothes drier for a new mum
- Provided drinks for the Sheffield Carers Roadshows
- Gifts such as dog food, a saucepan, a laptop charger, little things which make a massive difference!
- 60 mobile phones

Lovely feedback from one of our outreach guys...

"I just want to say thanks, for the friendly smiles from you and your team who used bring me food and drinks, and all your help with getting a doctor and lots of things, and the lasagnas you bought me on Division Street when I moved into B n B. I have moved into a lovely flat ...if you're passing and fancy a cuppa, big hugs and lots of thanks"



We have also been lucky enough to receive donations of beautiful hand knitted and crocheted items from Christine Brown of St Mary's Church, Handsworth (Left) and by members of the Mothers Union (Right) - skilled hands serving Lord and neighbour! Thank you so much!

Training and Development.

The team really enjoyed accessing the “**Effective Parish Nursing Assistant Course**” in September. This training was delivered via Zoom through **Parish Nursing Ministries UK** to develop best practice for church volunteers or employees who are formally attached to a parish nurse or parish nursing team. The 8 units of learning proved very interesting and thought provoking, covering both practical and spiritual aspects of our work with a focus on whole-person wellness both for our clients and team members. It led to some very interesting discussions and explorations of how we can deliver the best care to our clients and to each other.

Michaela has attended training on the subjects of **hoarding and domestic abuse** via **Sheffield Council**.

Trauma Informed Training has also been undertaken by many of the team, which proved challenging at times, but very informative. This was provided by **South Yorkshire Violence Reduction Unit**.

The **Mental Health First Aid** course has already been undertaken by some of the team and we are aiming for all members to complete this by the end of the year.

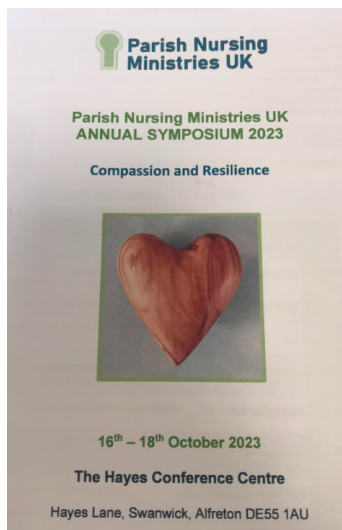
In August we had a fantastic morning with partners **RiteTrax** and **Unity Outreach** brushing up on our **first aid** skills with Dave and Sasha from **Yorkshire Ambulance Service NHS Trust**



Holly attended an administration course and made some useful links with **UCAN the UK Church Administrators Network** to aid efficiency and provide support in this role.



Louise and Michaela both attended the **Parish Nursing Symposium** in Derbyshire, where Parish nurses from across the country gathered for CPD, professional supervision and time for their rest, renewal and spiritual care. The focus was on compassion and resilience, as it was revealed that the female nursing workforce has the highest suicide rate of all female working roles! As a result we are moving forward with clinical supervision for Michaela and Louise and developing compassion focused supervision for the team this year.



Looking to the Future

We are looking forward to grabbing 2024 with both hands. We have such great potential to extend our reach as our team has expanded with the recruitment of an additional nurse and a number of new volunteers. Numerous new opportunities have opened up with our partners for increased joint work and support to extend the help we can offer for the benefit of our city – watch this space! Whatever the year brings we will approach it prayerfully as a team, and remain deeply grateful for all your prayers, donations and support which are essential for us to continue our vital work – THANK YOU!

Michaela Suckling – Lead Parish Nurse – February 2024

